

R O O T E D

P A R E N T C O N N E C T · S O C I A L M E D I A P O S T S

Q U A R T E R T W O

Character & Discipleship

April · May · June

Quarter 1 taught students who they are. Quarter 2 shows them how to live it.

"Follow my example, as I follow the example of Christ."

— 1 Corinthians 11:1

APRIL

The Life of Jesus

Quarter 2 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	The Radical Friend	<i>#TheLifeOfJesus</i>
Week 2	Storm Chaser	<i>#PeaceInTheStorm</i>
Week 3	The Upside-Down King	<i>#ServantLeadership</i>
Week 4	The Ultimate Pivot	<i>#ThyWillBeDone</i>

The Posts

APRIL · WEEK 1

The Radical Friend

Caption: We kicked off a brand new series diving into the Gospels to study the actual life of Jesus! Tonight we looked at Luke 5:27–32 and saw how Jesus intentionally chose the people nobody else wanted—and how Levi immediately threw a party to introduce his outcast friends to Him.

💬 **Conversation Starter tonight:** "Is there someone at school you've noticed who seems really alone or left out? What do you think their story is?"

✦ **What to watch for:** Students who are especially quiet after tonight's lesson might be processing their own experiences with exclusion. Keep an eye out and check in with them this week.

#ROOTEDYouth #ParentConnect #TheLifeOfJesus

April · Week 1 of 4

APRIL · WEEK 2

Storm Chaser

Caption: Tonight at ROOTED we studied the disciples caught in a massive storm in Mark 4:35–41. Our core message was that even when life feels completely overwhelming, Jesus is in the boat with us, and His peace is an act of ultimate authority, not indifference.

💬 **Conversation Starter tonight:** "When you're stressed or scared, what does it look like for you to actually trust God? What makes that hard?"

✦ **What to watch for:** The anxiety questions in our small groups tonight surfaced some real fears. Ask your student how they are *really* doing—not just about school performance, but about what runs through their head at night.

#ROOTEDYouth #ParentConnect #PeaceInTheStorm

April · Week 2 of 4

APRIL · WEEK 3

The Upside-Down King

Caption: We looked at one of the most powerful moments in scripture tonight: Jesus washing His disciples' feet in John 13:1–17. We talked about the most powerful person in the room taking on the lowest job, and challenged students to find their own "foot-washing" moment this week.

💬 **Conversation Starter tonight:** "What's a job or chore in our house that nobody ever wants to do? What would it look like if you just did it this week without being asked?"

✦ **What to watch for:** Ask your student later this weekend if they found their **Low-Seat moment**. Celebrate their choice to serve, but help them keep it humble without taking too much credit!

#ROOTEDYouth #ParentConnect #ServantLeadership

April · Week 3 of 4

APRIL · WEEK 4

The Ultimate Pivot

Caption: Tonight we closed out our series on the life of Jesus by looking at His honest, anguished prayer in the Garden of Gethsemane (Luke 22:39–46). We looked at the beautiful submission that followed His raw emotion, and challenged students to end their prayers this week with, *"Not my will, but yours be done."*

💬 **Conversation Starter tonight:** "Is there something you've been praying about for a while that hasn't happened yet? How do you handle that? What does trusting God look like when the answer is no or not yet?"

✦ **What to watch for:** This lesson can surface heavy emotions regarding family or personal situations. Follow up gently with your student if they seemed unusually quiet or emotional during the drive home.

#ROOTEDYouth #ParentConnect #ThyWillBeDone

April · Week 4 of 4

MAY

Fruit of the Spirit

Quarter 2 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	Inside Out	<i>#FruitOfTheSpirit</i>
Week 2	The Waiting Room	<i>#PatienceUnderPressure</i>
Week 3	The Trust Test	<i>#TrustAndGentleness</i>
Week 4	Remote Control	<i>#SelfControl</i>

The Posts

MAY · WEEK 1

Inside Out

Caption: We started a new series tonight unpacking the Fruit of the Spirit from Galatians 5:22–23 and John 15:5. We established a core truth: these character traits aren't a checklist to strain over; they grow naturally when we stay deeply connected to Jesus, just like a branch stays connected to a vine.

💬 **Conversation Starter tonight:** "If you had to describe my character in three words, what would they be? What fruit do you think God is trying to grow in me right now?"

✦ **What to watch for:** Students who feel exhausted by the "try harder" treadmill usually find this message incredibly relieving. Ask your student which of the fruits felt the most personal to them tonight.

#ROOTEDYouth #ParentConnect #FruitOfTheSpirit

May · Week 1 of 4

MAY · WEEK 2

The Waiting Room

Caption: Tonight we focused on patience, kindness, and goodness by looking at Galatians 5:22–23 and Colossians 3:12. We talked about how our true character isn't revealed when things are easy and going our way—it is revealed when we are stuck in the "waiting room" of life.

💬 **Conversation Starter tonight:** "When do I push your patience the most? What does it look like when you handle that well—and what does it look like when you don't?"

✦ **Try This at home:** The **5-Second Fuse challenge** is an awesome family experiment. Try practicing it together around the dinner table this week and report back on how it changes your reactions!

#ROOTEDYouth #ParentConnect #PatienceUnderPressure

May · Week 2 of 4

MAY · WEEK 3

The Trust Test

Caption: Tonight at ROOTED we studied **faithfulness** (being a person of your word) and **gentleness** (power under control) using Galatians 5:22–23 and 1 Timothy 4:12. We challenged the students to become a "vault" with other people's secrets and actively stop gossip from spreading.

💬 **Conversation Starter tonight:** "On a scale of 1–10, how well do you think I keep my word and follow through on my commitments? What's one area where you'd like to see me improve?"

✦ **What to watch for:** Ask your student this week if anyone "tested their vault". Be sure to intentionally celebrate their faithfulness, even in the small things.

#ROOTEDYouth #ParentConnect #TrustAndGentleness

May · Week 3 of 4

MAY · WEEK 4

Remote Control

Caption: We wrapped up our Fruit of the Spirit series tonight focusing on **self-control**—the fruit that holds all the others together (Galatians 5:22–23; Proverbs 25:28). Our big challenge for the students tonight was to set a tangible app or screen time limit this week.

💬 **Conversation Starter tonight:** "What's one habit in your life right now where you feel like you've lost the remote control? What would it look like to get it back?"

✦ **Try This at home:** Ask your student which app they chose to limit. Consider stepping up and doing the challenge with them as a family—try a shared screen-free hour, a phone-free dinner, or a no-social-media evening together!

#ROOTEDYouth #ParentConnect #SelfControl

May · Week 4 of 4

JUNE

Sharing Your Faith

Quarter 2 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	Glow in the Dark	<i>#GlowInTheDark</i>
Week 2	The Art of the Invite	<i>#ComeAndSee</i>
Week 3	Holy Friction	<i>#HolyBoldness</i>
Week 4	The 60-Second Story	<i>#MyStory</i>

The Posts

JUNE · WEEK 1

Glow in the Dark

Caption: Tonight we started a new series on sharing our faith boldly, looking at Matthew 5:14–16. We talked about how our students are *already* lights to the world—the real question is whether they are hiding that light or letting it shine brightly through their everyday actions.

💬 **Conversation Starter tonight:** "When do you feel most proud of me for living out my faith? When do you wish I was bolder about it?"

♦ **What to watch for:** Middle schoolers face massive tension when it comes to being openly Christian at school. Ask your student which environment feels the hardest to shine in, and talk through why that is.

#ROOTEDYouth #ParentConnect #GlowInTheDark

June · Week 1 of 4

JUNE · WEEK 2

The Art of the Invite

Caption: Sharing faith doesn't have to be complicated. Tonight we studied Philip's encounter with Nathanael in John 1:43–46 and looked at his simple, three-word strategy: *"Come and see."* We challenged students to pray for a specific friend daily and actually send them an invite to church.

💬 **Conversation Starter tonight:** "Who is one friend of mine you think I should invite to youth group or church? Why them?"

✦ **What to watch for:** Check in with your student to see if they sent that text or made the ask. Celebrate the immense courage it takes to reach out, completely regardless of whether the friend says yes or no!

#ROOTEDYouth #ParentConnect #ComeAndSee

June · Week 2 of 4

JUNE · WEEK 3

Holy Friction

Caption: Living out faith openly can create some social friction. Tonight we looked at Acts 4:13–20 and 2 Timothy 1:7, discussing how Peter and John's incredible boldness didn't come from a loud personality, but specifically from the time they spent sitting with Jesus.

💬 **Conversation Starter tonight:** "Has anyone ever made you feel like you should keep your faith to yourself? How did you handle it?"

✦ **What to watch for:** Students who face mockery or exclusion for their faith often carry that burden quietly. Create a safe space for that conversation tonight without pressing too hard—sometimes just naming it is enough.

#ROOTEDYouth #ParentConnect #HolyBoldness

June · Week 3 of 4

JUNE · WEEK 4

The 60-Second Story

Caption: Tonight was a hands-on workshop night at ROOTED! Using 1 Peter 3:15 and Paul's speech in Acts 26, students wrote out a simple, 3-sentence personal testimony using the framework: **Before / The Turn / After**. They should be walking through the front door with an index card in hand!

💬 **Conversation Starter tonight:** "Can I hear your 60-second story? I want to know how you'd describe your own faith in your own words."

♦ **What to watch for:** Ask to hear their card. If your student says they couldn't think of a story, sit with them and help them identify just one specific thing Jesus has given them or changed in their life, and help them write it down.

#ROOTEDYouth #ParentConnect #MyStory

June · Week 4 of 4