

ROOTED

A 52-Week Lesson Plan for Christian Youth Ministry

MASTER SUPPLY APPENDIX

Consolidated Monthly Shopping Lists

QUARTER THREE

Community & Summer Fun

July · August · September | Summer

HOW TO USE THIS APPENDIX

1. This appendix covers Quarter 3 of ROOTED (July, August, September) and parallels that quarter in the book. It is organized month by month, so you can shop one month at a time.
2. Each monthly list consolidates every supply needed for that month's games, messages, and challenges, and any optional fifth-week lessons.
3. Most supplies can be purchased in a single trip before the month begins — dollar stores, craft stores, and big-box retailers carry nearly everything listed.
4. Quantities reflect the needs for each individual week. Items used across multiple weeks are listed once, with a note where applicable.
5. Each week's heading shows the lesson title and game title exactly as they appear in the book.
6. Weeks marked "(Optional)" are only needed if you plan to run the bonus fifth week for that month.
7. Items marked with an arrow (→) add context: extra supplies for a week's Challenge, a setup note, or a service station.

QUARTER 3 AT A GLANCE

Quarter 1 built identity. Quarter 2 built character. Quarter 3 builds community.

JULY	Kingdom Teamwork	4 Weeks
AUGUST	Standing Out	4–5 Weeks
SEPTEMBER	Serving Like Jesus	4–5 Weeks

JULY

Kingdom Teamwork

QUARTER 3 · 4 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all July lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · The Body Parts

Game: *The Blind, Mute, and Amputee Relay*

- ◆ 4 large plastic storage bins — 2 per team
- ◆ 50 plastic ball-pit balls or tennis balls
- ◆ 2 sleep masks or blindfolds
- ◆ 2 rolls of standard masking tape

Week 2 · Interlocked

Game: *The Human Knot Unravel*

- ◆ No supplies needed — just open floor space
- ◆ Note: For groups of 12+, plan to run two simultaneous knots

Week 3 · Unwrapped

Game: *The Mystery Gift Assembly Line*

- ◆ 3–4 identical small building sets — LEGO sets, K'NEX structures, or wooden blocks with a defined build
- ◆ 3–4 opaque gift bags to hold the unbuilt pieces
- ◆ 1 instruction sheet per team

Week 4 · The Secret Sauce

Game: *The Silent Sandwich Challenge*

- ◆ 2 loaves of bread
- ◆ Peanut butter and jelly — or other simple sandwich ingredients
- ◆ Plastic knives and paper plates
- ◆ Blindfolds — one per team
- ◆ Disposable gloves (optional but recommended)



LEADER TIP

Shop for all July supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer.

AUGUST

Standing Out

DANIEL & JOSEPH · QUARTER 3 · 4–5 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all August lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · Anchored in Identity

Game: *The Label Swap*

- ◆ 1 pack of standard "Hello, My Name Is..." name tags — one per student
- ◆ Sharpies or markers — one per student
- ◆ Upbeat background music and a way to stop it on cue

Week 2 · Standing Tall When the Pressure Is On

Game: *Simon Says: The Wave*

- ◆ No supplies needed — just space
- ◆ 2–3 pre-briefed student or leader "plants" (brief them before the session to freeze no matter what)

Week 3 · Doing Good When You've Been Done Wrong

Game: *The Blindfolded Minefield*

- ◆ Random floor obstacles — cones, plastic cups, crumpled paper, chairs scattered across the room
- ◆ 3–4 blindfolds

Week 4 · Promotion Comes from God

Game: *The Long Game*

- ◆ 10 index cards per team, pre-labeled with simple tasks of escalating difficulty
- *Examples: balance a book on head 10 sec → 10 push-ups → 30-sec tongue twister → trivia question → walk backwards*

Week 5 (Optional) · Prepared to Lead

Game: *Launchpad Chaos*

- ◆ 1 large pack of ping-pong balls or plastic ball-pit balls
- ◆ 4–5 clean empty plastic buckets or trash cans — one per team



LEADER TIP

Shop for all August supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer. Weeks marked "Optional" apply only if you plan to run the bonus fifth week.

SEPTEMBER

Serving Like Jesus

MISSIONS & OUTREACH · QUARTER 3 · 4–5 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all September lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · The Upside-Down King

Game: *The Royal Treatment*

- ◆ 3–4 cheap plastic crowns — one per team
- ◆ 3–4 pairs of heavy oversized oven mitts
- ◆ Several bags of individually wrapped candy — Starburst, fun-size bars, or similar

Week 2 · It Starts at Home

Game: *The Household Chores Relay*

- ◆ Station 1: 1 fitted twin sheet — one per team
- ◆ Station 2: 1 empty laundry basket + 10 random clothing items scattered on the floor per team
- ◆ Station 3: 1 broom + a small pile of shredded paper per team, with a taped square on the floor as the target
- ◆ Station 4: 1 pillow + pillowcase per team, set on a chair

Week 3 · Serving Your House

Game: *The Giant Body Machine*

- ◆ Index cards pre-labeled with machines or objects — one per team (Windshield Wipers, Alarm Clock, Popcorn Popper, Helicopter, Monster Truck, Washing Machine, Ceiling Fan)

Week 4 · Eyes for the Outside

Game: *The Blind Spots Challenge*

- ◆ 4–5 large, brightly colored objects — neon cones, large stuffed animals, or bright sports balls
- ◆ A projector or large screen for the Spot the Difference / Where's Waldo display
- ◆ Place objects before students arrive — in obvious spots that will be missed when attention is on the screen

Week 5 (Optional) · Feet on the Pavement

★ Hands-On Service Night · Begin prep 2 weeks early

- STATION A — Care Packages for the Homeless: Ziploc bags, bottled water, socks, granola bars, toothbrushes, handwritten note of encouragement per bag
- STATION B — Teacher/First Responder Encouragement: Blank cards, markers, and gift cards or treats for local teachers, fire station, or police station
- STATION C — Facility Deep Clean: Disinfecting wipes, trash bags, brooms, window cleaner



LEADER TIP

Shop for all September supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer. Weeks marked "Optional" apply only if you plan to run the bonus fifth week.