

R O O T E D

P A R E N T C O N N E C T · S O C I A L M E D I A P O S T S

Q U A R T E R F O U R

Wisdom & Life Choices

October · November · December

Three quarters of work. One quarter of wisdom. This is where it lands.

"The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding."

— Proverbs 9:10

OCTOBER

Wisdom Over Foolishness

Proverbs · Quarter 4 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	The Two Paths	<i>#TheTwoPaths</i>
Week 2	The Friend Filter	<i>#FriendFilter</i>
Week 3	Taming the Tongue	<i>#LifeSpeaker</i>
Week 4	Listening to the Huddle	<i>#TheHuddle</i>

The Posts

OCTOBER · WEEK 1

The Two Paths

Caption: Tonight we launched our series through Proverbs—the Bible's ultimate guide for practical wisdom. Looking at Proverbs 1 & 4:26–27, we talked about how every choice, no matter how small, is a step down one of two paths. Small directional shifts now create massive destination changes over time.

💬 **Conversation Starter tonight:** "If you kept doing exactly what you're doing right now for the next five years—same habits, same patterns, same choices—where do you think you'd end up? Is that somewhere you want to go?"

♦ **What to watch for:** Students processing a tough trajectory can get very quiet here. Ask your student which daily choice they are choosing to apply the **5-Second Pause** to this week.

#ROOTEDYouth #ParentConnect #TheTwoPaths

October · Week 1 of 4

OCTOBER · WEEK 2

The Friend Filter

Caption: Tonight we jumped into Proverbs 13:20 and 17:17 to talk about friendship circles. We looked at how explicitly the Bible warns us that our closest friends determine the direction our entire life moves, and how that influence is almost always more powerful than we realize.

💬 **Conversation Starter tonight:** "Which of my friends do you think makes me a better person? Which one worries you? Can we talk about why?"

✦ **What to watch for:** October is typically when friendship drift starts happening in middle school. This week's lesson may open a door for a conversation that has been building for a while—let your student lead it.

#ROOTEDYouth #ParentConnect #FriendFilter

October · Week 2 of 4

OCTOBER · WEEK 3

Taming the Tongue

Caption: We looked at the sheer power of words tonight using Proverbs 12:18 and 18:21. We contrasted speech that pierces like a sword with speech that brings literal health. We launched the **Life-Speaker Challenge**, asking students to go 24 hours with zero negative words and send an intentional encouragement daily.

💬 **Conversation Starter tonight:** "Has anyone ever said something to you that you still remember today—good or bad? What was it, and what did it do to you?"

✦ **Try This at home:** Turn this challenge into a family exercise! Commit to no negative speech about anyone for 24 hours, and make sure everyone gives one genuine encouragement per person at dinner.

#ROOTEDYouth #ParentConnect #LifeSpeaker

October · Week 3 of 4

OCTOBER · WEEK 4

Listening to the Huddle

Caption: Tonight we looked at Proverbs 11:14 and 15:22 to talk about the immense wisdom of seeking counsel, and the pride that often keeps us from asking for help. We challenged every student to identify one specific "huddle adult" in their life and start a real conversation with them before Sunday.

💬 **Conversation Starter tonight:** "Is there anything going on right now that you've been trying to handle on your own? Is there something you've been meaning to talk to me about?"

◆ **What to watch for:** If your student names *you* as one of their huddle adults, look at that as a significant badge of trust. Honor it by completely listening first, and saving the problem-solving for second.

#ROOTEDYouth #ParentConnect #TheHuddle

October · Week 4 of 4

NOVEMBER

Radical Gratitude

Quarter 4 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	The Comparison Trap	<i>#GratitudeOverride</i>
Week 2	The 10% Lifestyle	<i>#TheTenPercent</i>
Week 3	Praise in the Prison	<i>#PraiseIsAWeapon</i>
Week 4	The Contentment Cure	<i>#ContentmentCure</i>

The Posts

NOVEMBER · WEEK 1

The Comparison Trap

Caption: Tonight we tackled the monster of comparison using Galatians 6:4 and Luke 18. We talked about how social media and peer culture constantly bait us into measuring our lives against others, producing either pride or bitterness. Our weapon this week is the **Gratitude Override challenge**.

💬 **Conversation Starter tonight:** "What's something about yourself or your life that you genuinely feel grateful for—that you don't think you thank God for often enough?"

✦ **What to watch for:** Students wrestling with deep comparison wounds can lock up during this talk. A brief, gentle check-in from you during the week can help open up things that didn't surface in their small group.

#ROOTEDYouth #ParentConnect #GratitudeOverride

November · Week 1 of 4

NOVEMBER · WEEK 2

The 10% Lifestyle

Caption: Tonight we looked at Luke 17:15–17—the story of the ten lepers who were healed, where only one returned to say thank you. We challenged our youth to become part of the "10%"—people who intentionally stop, turn around, and express loud, specific gratitude to God and others.

💬 **Conversation Starter tonight:** "Who has done the most for you this year that you've never actually said thank you to? What would happen if you did?"

✦ **What to watch for:** If your student looks at you and names *you* as the person they want to thank—let that moment hit you. Resist the urge to deflect or minimize it; just receive their gratitude.

#ROOTEDYouth #ParentConnect #TheTenPercent

November · Week 2 of 4

NOVEMBER · WEEK 3

Praise in the Prison

Caption: Tonight at ROOTED we studied Paul and Silas praising God at midnight in a dark Roman prison (Acts 16:25–26). We talked about how their worship triggered an earthquake that set every prisoner free, proving that praise is a powerful weapon, not just an emotional comfort.

💬 **Conversation Starter tonight:** "Have you ever been in a situation where you chose to be grateful or to worship God even when you didn't feel like it? What happened?"

✦ **What to watch for:** This topic often surfaces students who feel like they are walking through their own personal "midnight" season right now. Ask them directly and without rushing: "*How are you really doing this fall?*"

#ROOTEDYouth #ParentConnect #PraiselsAWeapon

November · Week 3 of 4

NOVEMBER · WEEK 4

The Contentment Cure

Caption: Right in the thick of the holiday shopping and Black Friday madness, we challenged our students tonight to practice biblical contentment (Philippians 4:12–13). We talked about contentment as a supernatural skill: finding satisfaction in Jesus when everything else is screaming that we need more.

💬 **Conversation Starter tonight:** "What's something we own as a family that we take completely for granted? What would it feel like to not have it?"

✦ **Try This at home:** Consider doing a mini **Material Fast** together as a family this week. Agree to no unnecessary purchases, and share one specific thank-you around the dinner table every night.

#ROOTEDYouth #ParentConnect #ContentmentCure

November · Week 4 of 4

DECEMBER

The Promised King

Advent & Prophecy · Quarter 4 · 4 Weeks

Scope & Sequence

WEEK	POST TITLE	TOPIC TAG
Week 1	The Blueprint	<i>#TheBlueprint</i>
Week 2	The Scandal of the Manger	<i>#NoFilters</i>
Week 3	The Ultimate Gift Exchange	<i>#GraceTrade</i>
Week 4	He Is Immanuel	<i>#Immanuel</i>

The Posts

DECEMBER · WEEK 1

The Blueprint

Caption: Tonight we kicked off our Christmas series by looking at Isaiah 9:6 and Isaiah 53. We showed students how the Christmas story was predicted across the Old Testament with over 300 specific prophecies fulfilled exactly—proving that God can be completely trusted with their futures, too.

💬 **Conversation Starter tonight:** "If you could ask Jesus one question about the future—yours, not the world's—what would it be?"

✦ **What to watch for:** Students who named specific anxieties tonight are likely carrying real worries into the holiday break. A quick mid-week text check-in is one of the most valuable things you can do for them this month.

#ROOTEDYouth #ParentConnect #TheBlueprint

December · Week 1 of 4

DECEMBER · WEEK 2

The Scandal of the Manger

Caption: Tonight we unpacked the actual, messy circumstances of Jesus' birth in Luke 2:10–12—the poverty, the animals, and the low-status shepherds. We hit on a beautiful truth: God chose all of this intentionally because Jesus meets us in our actual mess, not our filtered versions.

💬 **Conversation Starter tonight:** "Is there anything you've been pretending is fine that isn't actually fine? If you could talk to God about it honestly, what would you say?"

✦ **What to watch for:** Tonight's **Filter-Free Prayer challenge** can open up deep ground between parents and students. If your student opening shares their raw prayer with you, receive it with zero commentary or fixes—just offer your presence.

#ROOTEDYouth #ParentConnect #NoFilters

December · Week 2 of 4

DECEMBER · WEEK 3

The Ultimate Gift Exchange

Caption: Tonight we focused on the "cross inside the cradle" using 2 Corinthians 8:9 and Matthew 2, looking at the ultimate spiritual transaction Christmas points toward. Through the **Grace Trade challenge**, we asked students to practice the exact same kind of undeserved generosity Jesus showed them.

💬 **Conversation Starter tonight:** "Is there someone in our family or friend group this holiday season that you've been holding something against? What would it look like to make a grace trade with that person this week?"

✦ **What to watch for:** Our sticky-note illustration usually leaves an impression. Ask your student what their notes said tonight, and ask how it felt to physically take them off.

#ROOTEDYouth #ParentConnect #GraceTrade

December · Week 3 of 4

DECEMBER · WEEK 4

He Is Immanuel

Caption: We wrapped up our year tonight by addressing the loneliness and difficulty that the holiday season can bring for many students. We anchored them in Matthew 1:23 and John 1:14—the name **Immanuel**, which means *God with us*—as the most personal promise in the entire story.

💬 **Conversation Starter tonight:** "Is there anything about the next two weeks that you're dreading or feeling anxious about? What would it look like to actually let God be 'with you' in that specific thing?"

✦ **What to watch for:** If your student seems flat, withdrawn, or unusually quiet as break begins, check in directly with no agenda. Sometimes the best thing a parent can ask in December is simply: *"How are you actually doing?"*

#ROOTEDYouth #ParentConnect #Immanuel

December · Week 4 of 4