

ROOTED

A 52-Week Lesson Plan for Christian Youth Ministry

MASTER SUPPLY APPENDIX

Consolidated Monthly Shopping Lists

QUARTER FOUR

Wisdom & Life Choices

October · November · December | Fall

HOW TO USE THIS APPENDIX

1. This appendix covers Quarter 4 of ROOTED (October, November, December) and parallels that quarter in the book. It is organized month by month, so you can shop one month at a time.
2. Each monthly list consolidates every supply needed for that month's games, messages, and challenges, and any optional fifth-week lessons.
3. Most supplies can be purchased in a single trip before the month begins — dollar stores, craft stores, and big-box retailers carry nearly everything listed.
4. Quantities reflect the needs for each individual week. Items used across multiple weeks are listed once, with a note where applicable.
5. Each week's heading shows the lesson title and game title exactly as they appear in the book.
6. Weeks marked "(Optional)" are only needed if you plan to run the bonus fifth week for that month.

QUARTER 4 AT A GLANCE

Three quarters of work. One quarter of wisdom. This is where it lands.

OCTOBER	Wisdom Over Foolishness	4–5 Weeks
NOVEMBER	Radical Gratitude	4–5 Weeks
DECEMBER	The Promised King	4–5 Weeks

OCTOBER

Wisdom Over Foolishness

PROVERBS · QUARTER 4 · 4–5 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all October lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · The Two Paths

Game: *The Split-Second Decision*

- ◆ 1 roll of painter's tape — to mark a clear center line on the floor
- ◆ A projector/screen or a strong voice to call out choices rapidly

Week 2 · The Friend Filter

Game: *The Gravity Pull*

- ◆ 3–4 sturdy plastic crates or low step-stools — stable enough to stand on safely

Week 3 · Taming the Tongue

Game: *The Toothpaste Challenge*

- ◆ 2–3 full tubes of cheap toothpaste
- ◆ 2–3 paper plates
- ◆ Plastic spoons — one per team
- ◆ Paper towels (the mess is real)

Week 4 · Listening to the Huddle

Game: *The Blind Quarterback*

- ◆ 2–3 blindfolds
- ◆ 2–3 empty plastic bottles or cones to serve as the "football"
- ◆ Painter's tape for a finish line at the far end of the room

Week 5 (Optional) · The Reset Button

Game: *The Memory Storage Crash*

- ◆ A whiteboard or projector screen
- ◆ 1 sheet of paper per team
- ◆ 3 prepared "chaotic data" slides — each containing 20 random, mixed items displayed for exactly 15 seconds



LEADER TIP

Shop for all October supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer. Weeks marked "Optional" apply only if you plan to run the bonus fifth week.

NOVEMBER

Radical Gratitude

QUARTER 4 · 4–5 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all November lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · The Comparison Trap

Game: *The Upgrade Auction*

- ◆ Fun-size candy bars for the early auction rounds
- ◆ 3–4 grand prizes for later rounds — full-size candy bar, \$5 gift card, or cool merch
- ◆ Fake Monopoly money — \$500 per student

Week 2 · The 10% Lifestyle

Game: *The Entitled Room Service*

- ◆ A service desk bell
- ◆ A serving tray
- ◆ 3–4 plastic cups filled with water
- ◆ A blindfold for the royalty

Week 3 · Praise in the Prison

Game: *The Great Escape Room*

- ◆ A roll of cheap plastic wrap or masking tape — to loosely bind the prisoner's wrists (safe and easy to release)
- ◆ 2–3 padlocks with keys or combination locks
- ◆ Dozens of decoy keys or written combinations mixed into small containers around the room

Week 4 · The Contentment Cure

Game: *The Endless Wants Race*

- ◆ Post-it notes — 1 pack per team
- ◆ Markers — 1 per team
- ◆ A clear whiteboard or large blank wall

Week 5 (Optional) · The Gratitude Feast

Game: *The Defiant Praise Party*

- ◆ 20–30 inflated balloons in bright colors
- ◆ 2 permanent markers per team
- ◆ Upbeat, high-energy music (and a way to play it)
- ◆ 5–6 black "Distraction Balloons" pre-labeled: Stress, Bad Grades, Drama, Loneliness, Anxiety
- ◆ For the Message: A large empty jar on the stage + a basket of colorful marbles or stones



LEADER TIP

Shop for all November supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer. Weeks marked "Optional" apply only if you plan to run the bonus fifth week.

DECEMBER

The Promised King

ADVENT & PROPHECY · QUARTER 4 · 4–5 WEEKS



MASTER SUPPLY LIST

Use this list to gather everything you need for all December lessons before the month begins. Items that appear in multiple weeks are listed once — purchase in the quantity that covers the fullest single-week need unless noted otherwise.

Week 1 · The Blueprint

Game: *The Master Builder Blindfold Build*

- ◆ 2–3 identical medium LEGO sets or block structures
- ◆ 2–3 blindfolds — one per Builder
- ◆ The instruction manual (the Blueprint) — one per team of Architects

Week 2 · The Scandal of the Manger

Game: *Expectation vs. Reality*

- ◆ 3–4 blindfolds
- ◆ 3–4 paper plates and markers
- ◆ Brief prep to prime artists: draw a majestic royal castle — brick walls, front door, moat, flag, and a king on a throne — without looking

Week 3 · The Ultimate Gift Exchange

Game: *The White Elephant Sabotage*

- ◆ 4–5 wrapped boxes — most containing obvious junk (single sock, half-empty cracker sleeve, broken pencil, a literal rock)
- ◆ One box containing a genuinely awesome prize: \$15 fast-food gift card or a large candy basket
- ◆ 3 rounds of trivia or rapid-fire challenge for the swapping mechanic

Week 4 · He Is Immanuel

Game: *The Pitch-Black Navigator*

- ◆ A room that can get genuinely dark — or high-quality blindfolds
- ◆ Painter's tape mapping a winding path on the floor
- ◆ Dozens of plastic cups as obstacles scattered across the path

Week 5 (Optional) · The Next Arrival

Game: *The Ultimate Undo / Master Reset*

- ◆ 4–5 large empty cardboard boxes
- ◆ Rolls of duct tape
- ◆ A large pile of crumpled newspaper or recycled trash



LEADER TIP

Shop for all December supplies in a single trip before the month begins. Most items are available at a dollar store, craft store, or big-box retailer. Weeks marked "Optional" apply only if you plan to run the bonus fifth week.